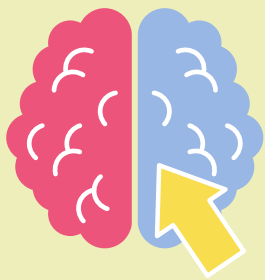


ARE YOU  
iSNOITЯNƆ

PART TWO




I'M GOING TO  
TICKLE YOUR  
BRAIN A BIT AGAIN  
WITH  
FIVE  
QUESTIONS



TAKE 60 SECS (OR  
MORE) TO ANSWER  
THEM.

WRITE YOUR ANSWERS  
DOWN IF YOU CAN







WHAT'S THE ONE  
IDEA/PLAN/ACTIVITY  
YOU HAVE BEEN  
PUTTING OFF AND HOW  
CAN YOU GET  
STARTED?



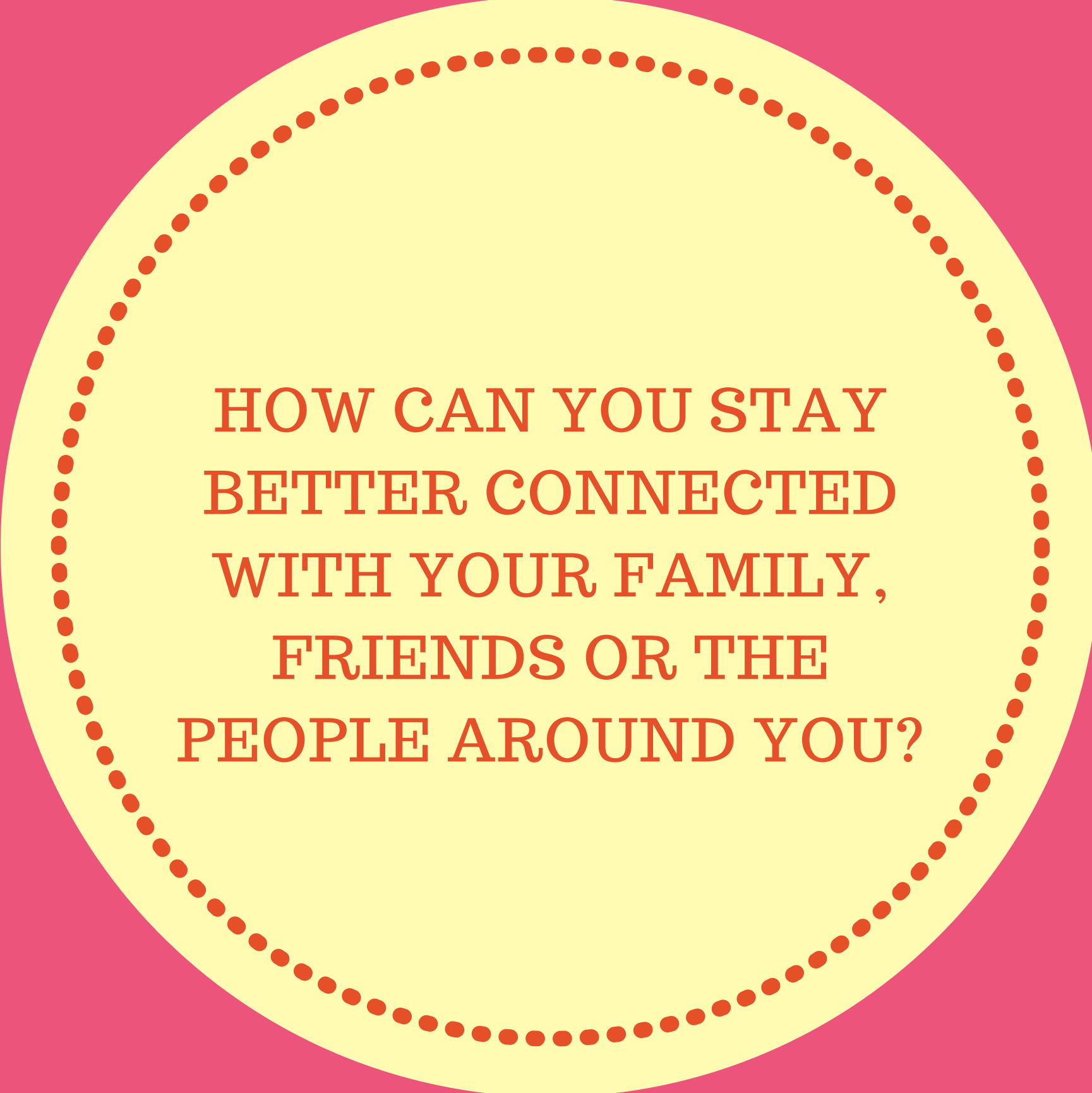
HOW CAN YOU TAP INTO  
YOUR CREATIVE,  
PLAYFUL AND FUN  
SIDE?



HAVE YOU TAKEN TIME  
TO SHARE YOUR  
KNOWLEDGE, TALENTS  
AND TIME WITH  
SOMEONE WHO NEEDS  
IT THE MOST ?




HOW CAN YOU TAKE  
CARE OF YOURSELF  
BETTER, STARTING  
TODAY?



HOW CAN YOU STAY  
BETTER CONNECTED  
WITH YOUR FAMILY,  
FRIENDS OR THE  
PEOPLE AROUND YOU?





BE CREATIVE,  
BE CURIOUS,  
BE SELF-AWARE,  
STAY CONNECTED WITH  
THE RIGHT PEOPLE,  
TAKE ONE STEP AT A  
TIME.

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*VANESSA C. DSOUZA*